



October 2023



C.O. Harrison, Delshire, J.F. Dulles, Oakdale, Springmyer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crispy Chicken Nuggets With Soft Dinner Roll <u>2</u> -OR- Galaxy Cheese Pizza Mashed Potatoes and Gravy Corn Sliced Oranges Milk	Cincinnati Style 3-Way Chili <u>3</u> -OR- Chicken Patty Kidney Beans Green Beans SideKicks Frozen Treat Milk	Mini Waffles and Scrambled Eggs <u>4</u> -OR- Cheeseburger Wedge Cut Seasoned Potatoes Crunchy Carrots Applesauce Milk	Chicken Tenders With Soft Dinner Roll <u>5</u> -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza <u>6</u> -OR- Hamburger Cucumber Slices Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets With Soft Dinner Roll <u>9</u> -OR- Deep Dish Cheese Pizza Shoestring French Fries Crunchy Carrots 100% Fruit Juice Milk	Beef Walking Taco <u>10</u> -OR- Chicken Patty Seasoned Black Beans Salsa Corn SideKicks Frozen Treat Milk	Mini Confetti Pancakes and Turkey Sausage Patties <u>11</u> -OR- Cheeseburger Hash Brown Rounds Green Beans Applesauce Milk	Chicken Wings With Soft Dinner Roll <u>12</u> -OR- Grilled Cheese Broccoli Corn Pears Milk	Big Daddy Pizza <u>13</u> -OR- Hamburger Celery Sticks Crunchy Carrots Fresh Red Delicious Apple Milk
<b>NO SCHOOL STAFF INSERVICE DAY</b> <u>16</u>	Cincinnati Style 3-Way Chili <u>17</u> -OR- Chicken Patty Kidney Beans Green Beans SideKicks Frozen Treat Milk	Marco's Pizza Day <u>18</u> -OR- Cheeseburger Corn Crunchy Carrots Applesauce Milk	Chicken Drumstick With Soft Dinner Roll <u>19</u> -OR- Hot Dog Broccoli Corn Peaches Milk	Big Daddy Pizza <u>20</u> -OR- Hamburger Cucumber Slices Crunchy Carrots Fresh Apple Slices Milk
Crispy Chicken Nuggets With Soft Dinner Roll <u>23</u> -OR- French Bread Cheese Pizza Shoestring French Fries Green Beans 100% Fruit Juice Milk	Beef Walking Taco <u>24</u> -OR- Chicken Patty Seasoned Black Beans Salsa Corn SideKicks Frozen Treat Milk	Mini Confetti Pancakes and Turkey Sausage Patties <u>25</u> -OR- Cheeseburger Tater Tots Crunchy Carrots Applesauce	Chicken Smackers With Soft Dinner Roll <u>26</u> -OR- Grilled Cheese Broccoli Corn Pears Milk	Big Daddy Pizza <u>27</u> -OR- Hamburger Celery Sticks Crunchy Carrots Fresh Red Delicious Apple Milk
Crispy Chicken Nuggets With Soft Dinner Roll <u>30</u> -OR- Galaxy Cheese Pizza Mashed Potatoes and Gravy Corn Sliced Oranges Milk	Cincinnati Style 3-Way Chili <u>31</u> -OR- Chicken Patty Kidney Beans Green Beans Halloween Sidekicks Treat Milk	<b>We encourage families to fill out the Federal Free and Reduced Lunch Application in order to see if you qualify for free or reduced meal benefits and instructional fee waivers. The application can be completed online at <a href="http://www.linqconnect.com">www.linqconnect.com</a>. If you are unable to complete the application online, you can obtain a paper application from the front office of your school.</b>		

ALTERNATIVE ENTREES

- Daily Cheese Sandwich, Ham/Cheese Sandwich, Turkey/Cheese Sandwich, Peanut Butter/Jelly Sandwich, Salad
- Monday Munch Monday Meal – Bread Rounds, Pizza Sauce, Shredded Mozzarella Cheese, Pepperoni
- Tuesday Yummy Yogurt Meal – Yogurt, String Cheese, Granola Bar, Goldfish Crackers
- Wednesday Wow Wednesday Meal – PBJ Sandwich, String Cheese, Bug Bites Gram Snacks
- Thursday Breakfast Buffet Meal – Yogurt, String Cheese, Assorted Cereal Bowls, Assorted Pop Tarts
- Friday Manager's Choice!

Menu Subject To Change Daily

This institution is an equal opportunity provider.